

# Bedbug Prep Sheet

The following list contains some of the common preparations made prior to a bedbug treatment. This is not an all inclusive list.

- Remove all sheets, pillows and bedding material. Seal them in a plastic bag until they can be cleaned, to prevent the infestation from spreading.
- Clean all floors of loose items such as toys, trash, change, shoes, etc., including floors of closets and interior storage. Place all items in plastic bags for cleaning or disposal.
- Ensure all items are removed from dresser tops, nightstands, bookshelves, coffee tables, etc.
- Take bed apart: headboard and frame.
- Remove outlet covers and light switch covers.
- DO NOT MOVE items to another room or home while getting ready for the service. You may spread the bedbugs to other areas or reintroduce newly treated home later when you retrieve your belongings.
- All furniture, tables, CD stands, computer equipment **will be** turned over during treatment.
- Aquariums: disconnect the air pump and cover the top of the tank with a plastic bag or a towel/sheet.
- Birds, cats, dogs and any other pets must be completely removed from the home.
- Wash sheets, pillows and bedding in soap and hot water. Items that cannot be washed, such as bedspreads and draperies, should be placed in a dryer on high for 1 hour (only high heat eliminates all stages). This will also be necessary for clothing in the closet, under the bed and in the dressers, in the room they were discovered in.
- Everything that can be laundered should be laundered before the service and sealed in plastic bags. This would include stuffed animals and other soft articles. Place the clean items in new plastic bags and sealed shut.
- Vacuum all floors, furniture, inside closets, dressers, bed frames, mattress and box spring, paying close attention to the edges and baseboards.
- Seal the vacuum bag in a plastic bag and throw it out IMMEDIATELY!!

**Everyone (including pets) must be out of the house/apartment for 4 hours after treatment is complete.**

**One Stop Pest Control**

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